

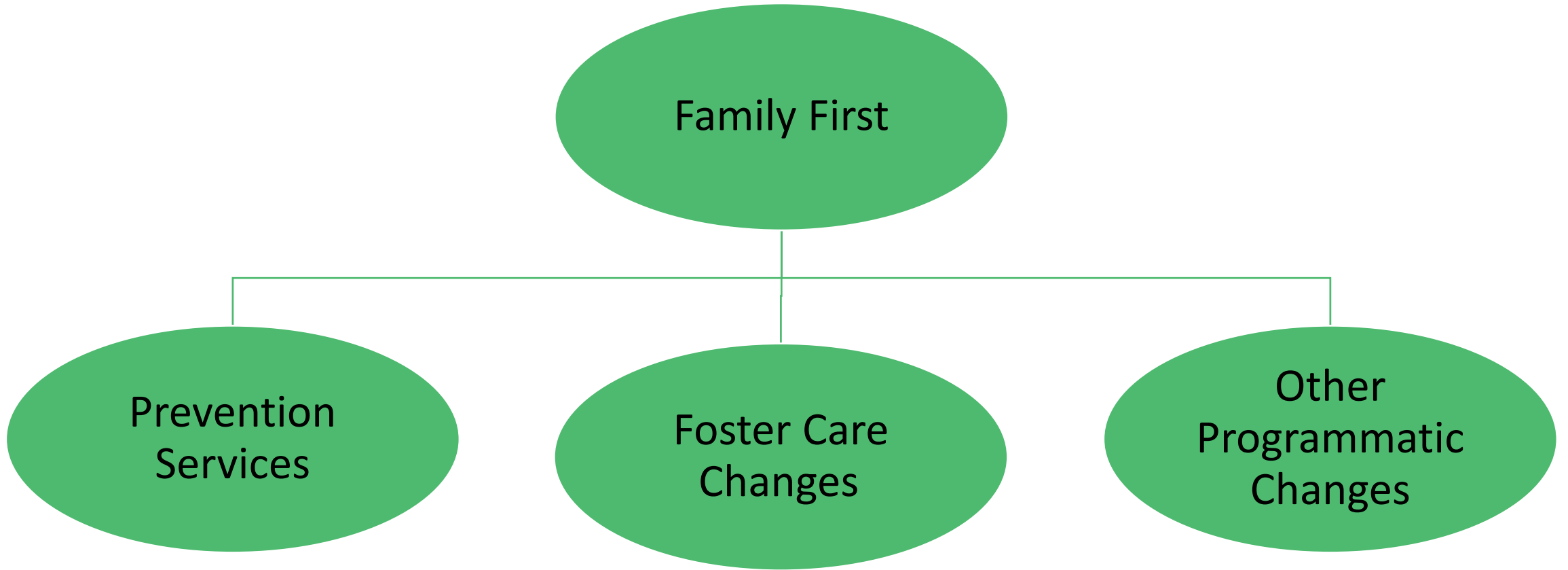


Family First Prevention
Services Act
and Implementation
Updates

Carl Ayers
Director, VDSS Division of
Family Services



VIRGINIA DEPARTMENT OF
SOCIAL SERVICES



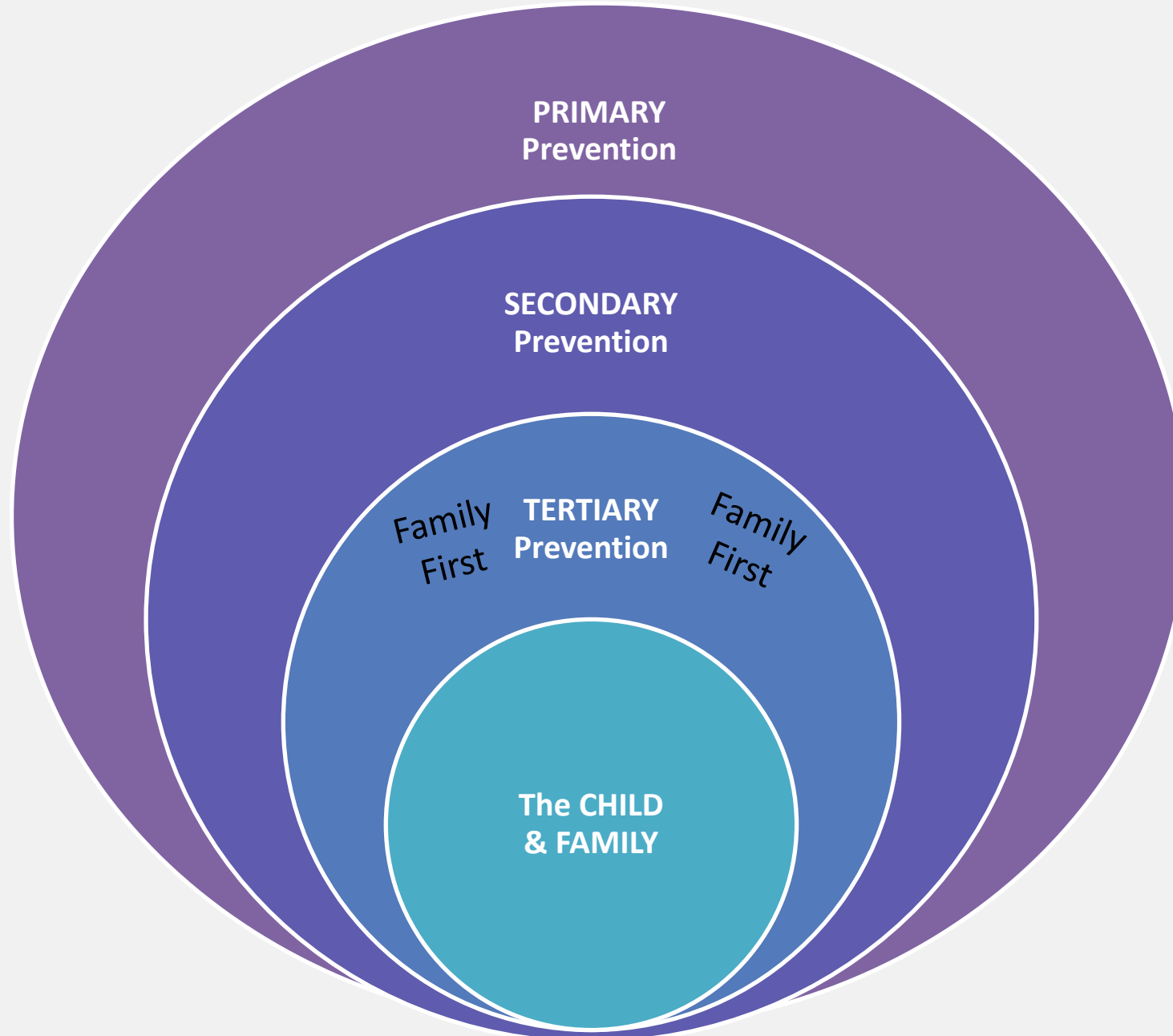
Our **vision** for Family First is to **keep children safe, strengthen families and reduce the need for foster care** whenever it is safe to do so.



Prevention Services



Prevention and Family First



IV-E

\$210 million

50/50 match rate
(federal/state)

Children's Services Act

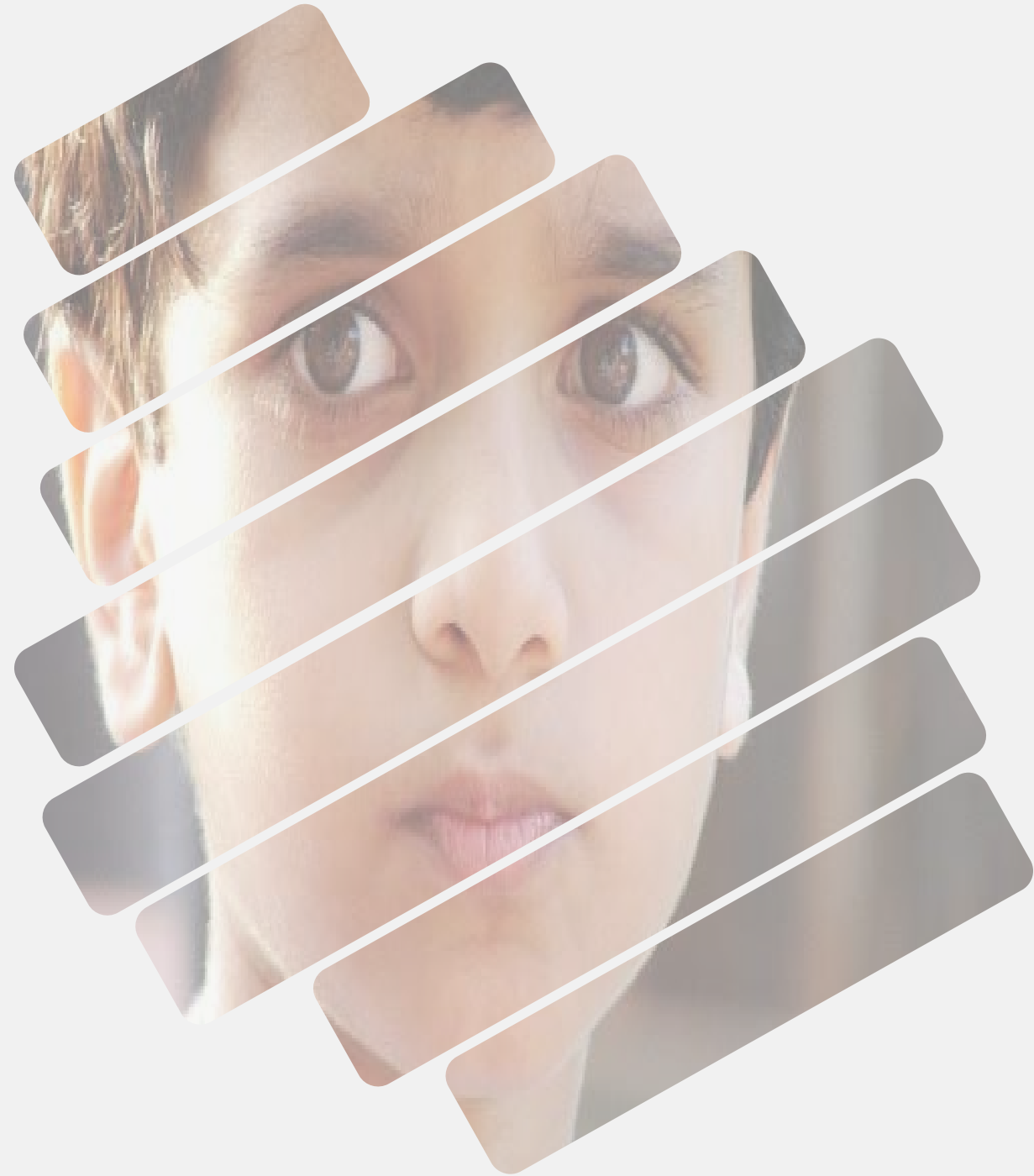
\$370 million

65/35 average match rate
(state/local)



- ❖ A child (and their caregivers) who is a candidate for foster care who can remain safely at home or in a kinship home and is identified as being at imminent risk of entering foster care
- ❖ A child in foster care who is pregnant or parenting
- ❖ A child whose adoption or guardianship arrangement is at risk of a disruption/dissolution and includes post-reunification services

There is no income test for eligible children and families.



IV-E Reimbursable Services



Mental Health
Prevention and
Treatment Services



Substance Use
Disorder
Prevention and
Treatment Services



In-home Parent
Skill-Based
Programs

Trauma Informed and Evidence-Based Services

Well Supported(1)

Improved outcome must be based on the results of at least 2 studies that used a random control or quasi-experimental trial

Carried out in a usual care or practice setting

Sustained effect for at least one year beyond the end of treatment

Supported(2)

Improved outcome must be based on the results of at least one study that used a random control or quasi-experimental trial

Carried out in a usual care of practice setting

Sustained effect for at least 6 months beyond the end of treatment

Promising(3)

Improved outcomes must be based on at least one study that uses some form of control group

Initial Services Under Review

Mental Health Prevention Treatment Services

- Parent-Child Interaction Therapy
- Trauma-Focused Cognitive Behavioral Therapy
- Multisystemic Therapy
- Functional Family Therapy

Substance Use Disorder Prevention Treatment Services

- Motivational Interviewing
- Multisystemic Therapy
- Families Facing the Future
- Methadone Maintenance Therapy

In-Home Parent Skill- Based Programs

- Nurse-Family Partnership
- Healthy Families America
- Parents as Teachers

Release of Clearinghouse
Handbook of Standards and
Procedures
April 2019

Release of the next list of
evidence-based services
to be reviewed
Late Spring-Summer 2019



May 2019
Release of Program
and Service Ratings of
the Initial 11 evidence-
based services



Foster Care Program Changes



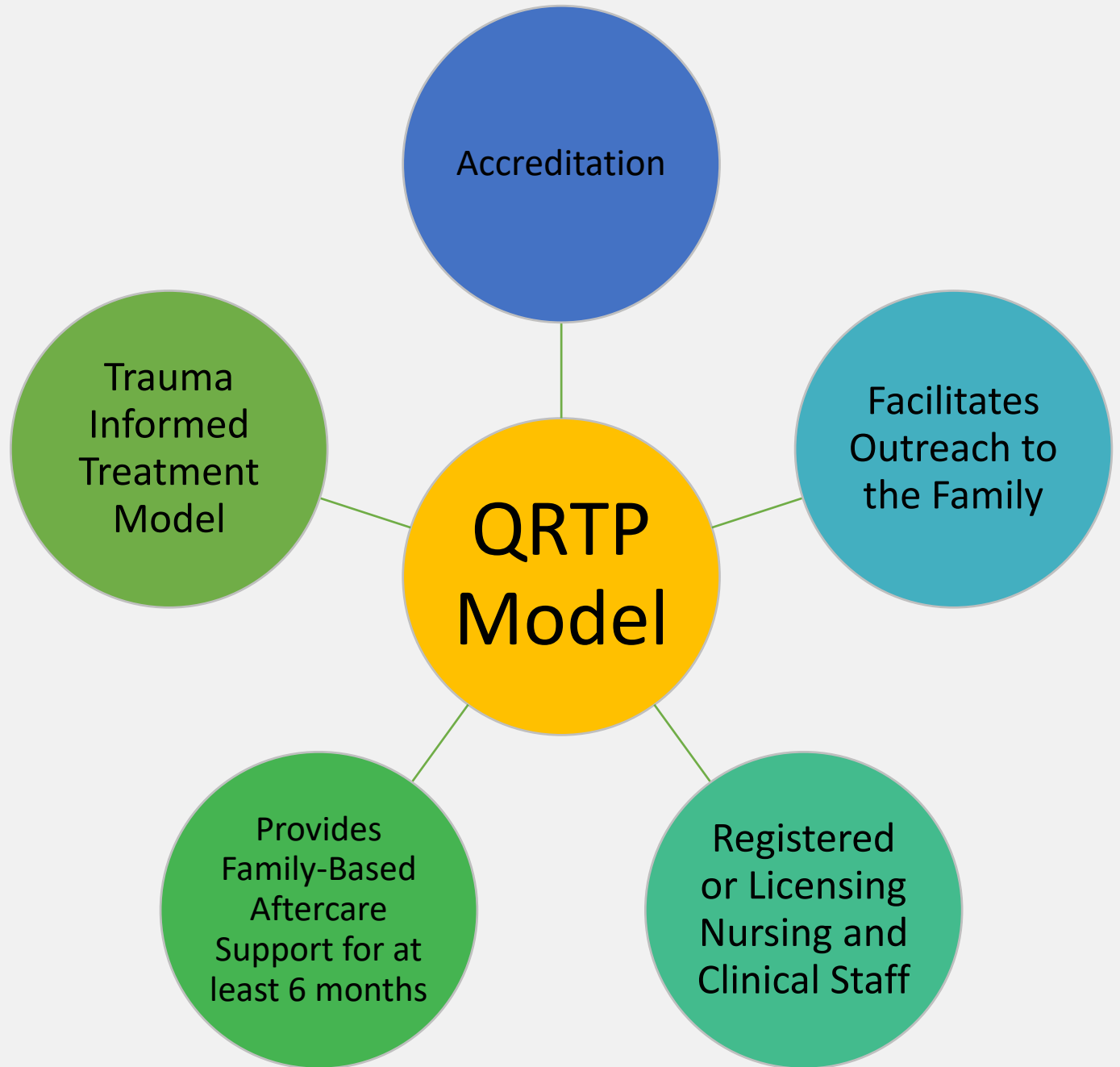
We believe that children do best when raised in families.

After a two-week grace period, Family First limits Title IV-E Maintenance Payments to the following placements types:

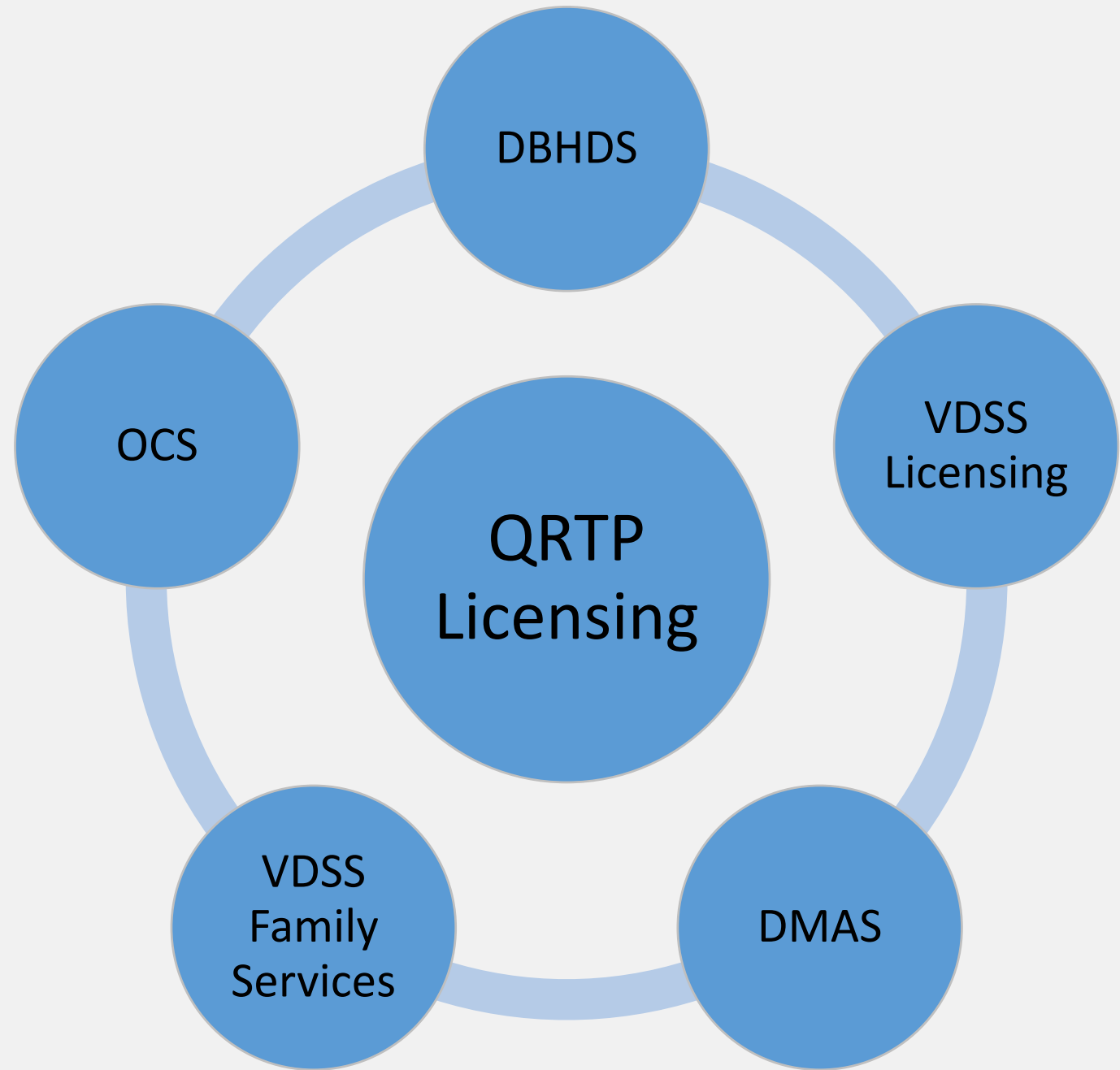
- ❖ Family and kinship foster homes
- ❖ Placements for pregnant or parenting youth
- ❖ Supervised independent living for youth 18+
- ❖ Qualified Residential Treatment Programs (QRTP) for youth with treatment needs
- ❖ High quality residential placements and support services for victims of sex trafficking
- ❖ Family-based residential treatment facility for substance abuse *(beginning October 2018)*



Qualified Residential Treatment Program(QRTP)



QRTP Collaborations



QRTP Requirements

30-day Assessment

12-month review by Commissioner

60-day Court Review



Reduce Congregate Care

Implementation



**A Collaborative Approach to Implementation:
The Three Branch Model**

Public Law 115-123
DIVISION E—HEALTH AND HUMAN SERVICES EXTENDERS TITLE VII—FAMILY FIRST PREVENTION SERVICES ACT

Virginia Department of Social Services
(IV-E Funding Entity)

Virginia Office of Children’s Services
(State Foster Care Funding Sources)



Three Branch Leadership Team
(Judicial, Executive and Legislative Branches of Government)

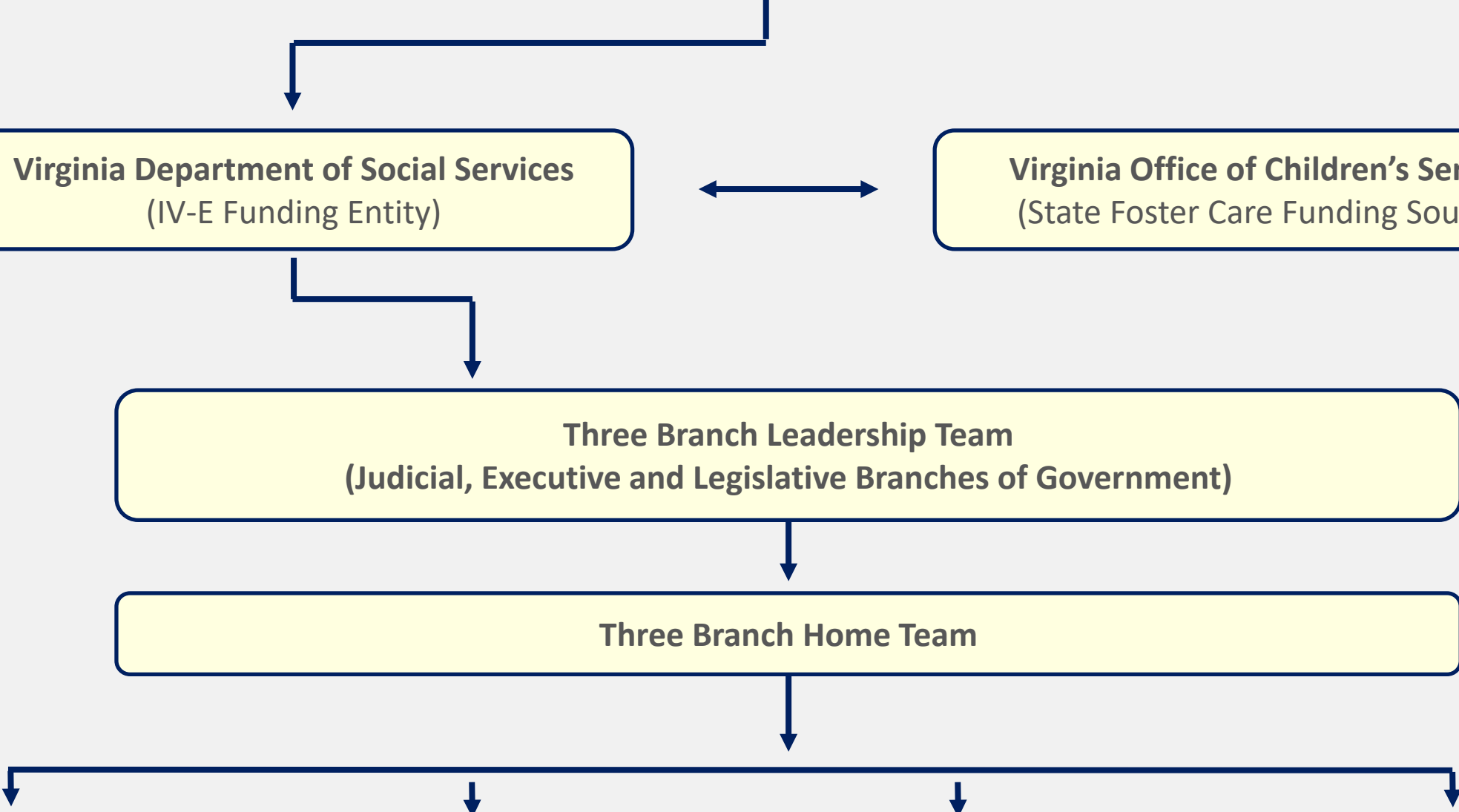
Three Branch Home Team

Finance

Prevention Services

**Appropriate Foster
Care Placements**

**Evidence-Based
Services**



Sample of Workgroup Accomplishments

Prevention Services

- Recommendations on defining key terms
- Continuum of Prevention Services
- Feedback for Development of Federal Clearinghouse

Appropriate Foster Care Placements

- Recommendations for QRTP Assessment
- Defining Key terms for QRTP qualifications
- Feedback for Development of Federal Foster Home Model Licensing Standards

Evidence-Based Services

- Survey for EBS in Virginia
- Collaboration with DMAS, DBHDS and DJJ
- Increased understanding of the Hexagon Tool

Finance

- Maintenance of Effort
- Budget Implications
- Budget Proposal for General Assembly

Moving Forward



Workgroup Tasks Moving Forward

Prevention Services Workgroup

- Maximize and leverage CSA and Family First Funds (as well as other child serving agencies) to meet the diverse and complex needs of families
- Develop a long term vision for the prevention services continuum

Appropriate Foster Care Placements Workgroup

- Develop workflow recommendations for the judicial and Commissioner review requirements for a youth placed in a QRTP
- Develop strategies to increase foster homes with an emphasis on kinship homes
- Recommendation for key terms: High quality Residential Placements and support services for victims of sex trafficking

Evidence-Based Services Workgroup

- Analyze Prevention Services Clearinghouse Ranking how these might effect Virginia's implementation of Family First.

Finance Workgroup

- Recommending a fiscal auditing tool and process

System Transformation

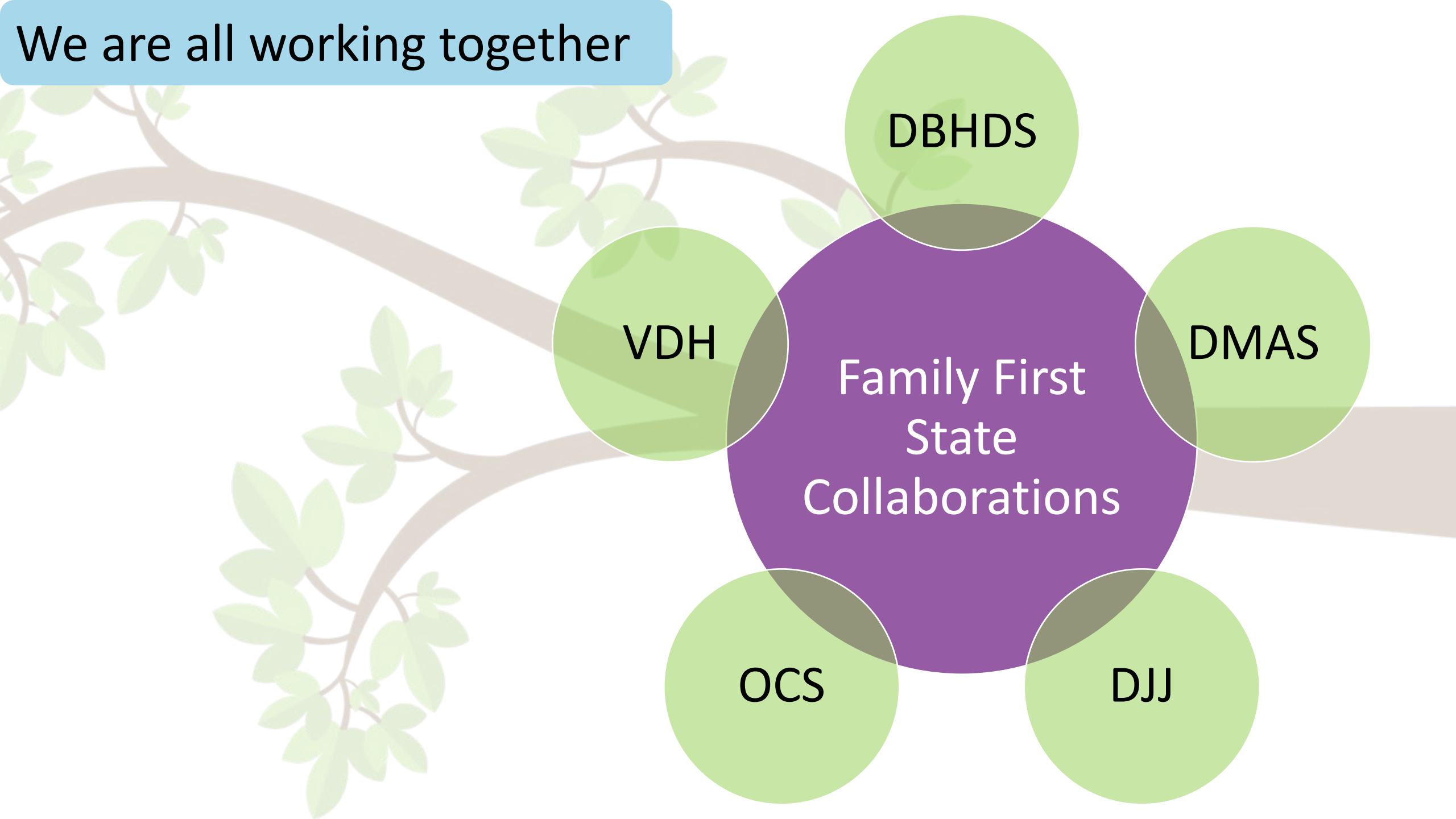




Transformation Priorities

Strengthening families by establishing a mandated prevention program and supporting the expansion of our foster care services continuum to meet the individual needs of foster youth and their families.

We are all working together



DBHDS

VDH

DMAS

OCS

DJJ

Family First
State
Collaborations

FY20 Appropriations

2019 Session

Budget Bill – HB 1700 (Chapter 854)

Item 344

“P. Out of this appropriation, \$851,000 the second year from the general fund is provided for training, consultation and technical support, and licensing costs associated with establishing evidence-based programming as identified in the federal Family First Prevention Services Act (FFPSA) Evidence-Based Programs Clearinghouse.”

FY20 Appropriations

Release of Clearinghouse

Initial release was scheduled for
October 2018;
Expected May 2019

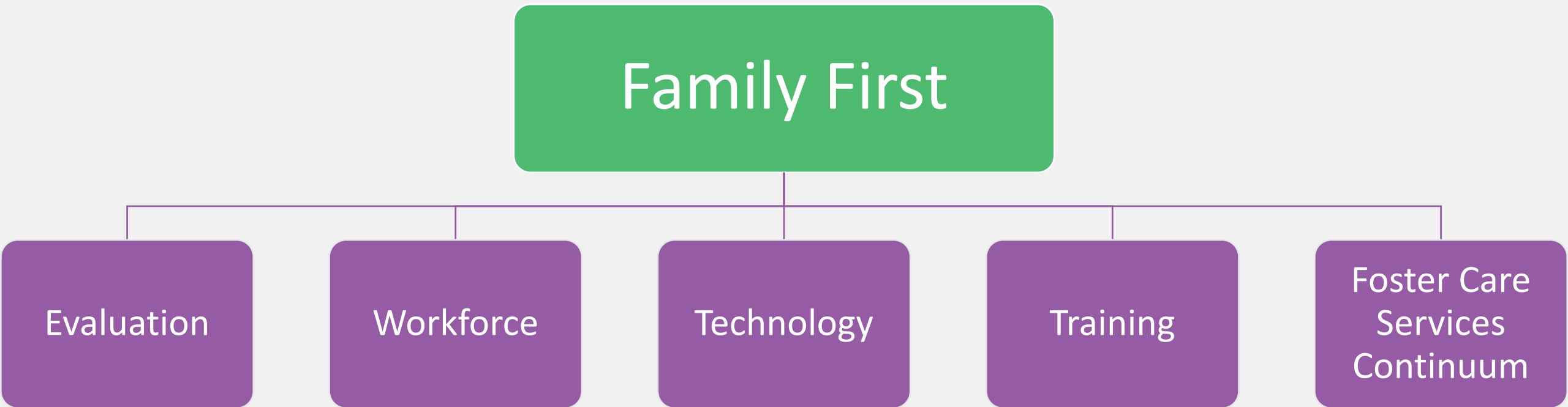
Target Well-Supported Evidence
Based Programs

Parent Child Interaction Therapy
(PCIT)
Motivational Interviewing
Trauma Focused Cognitive
Behavioral Therapy (TF-CBT)

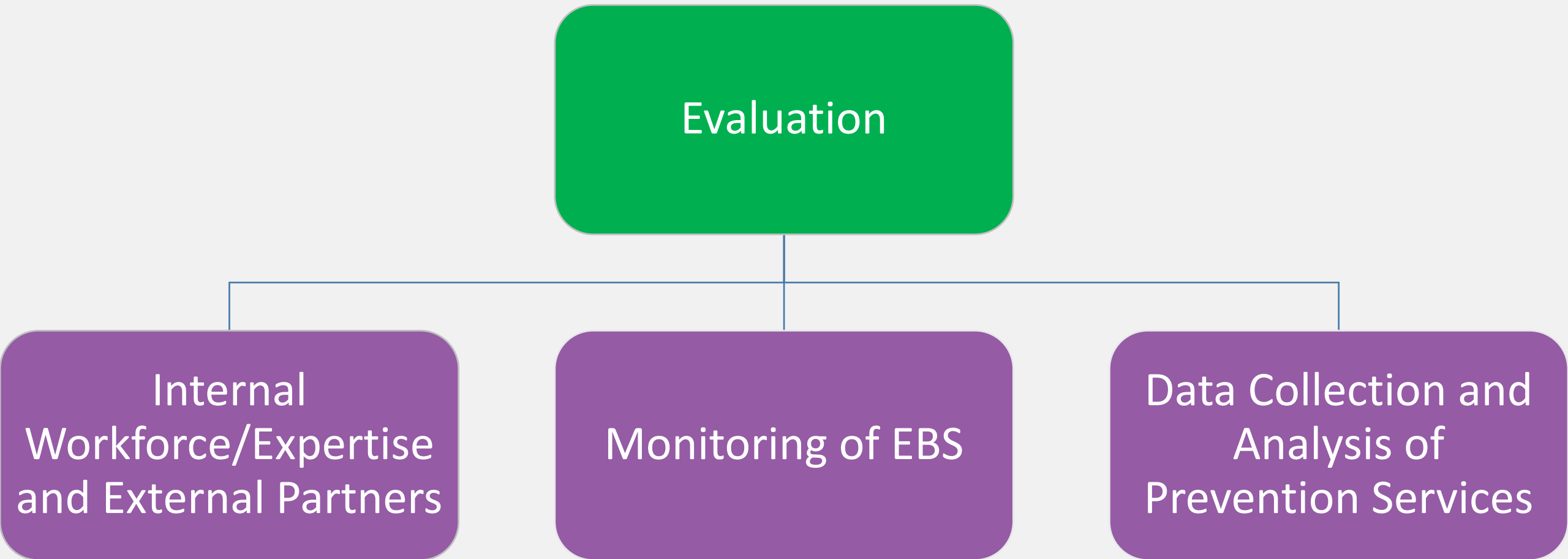
Provide Training/Certification
Opportunities

Supporting public and private
providers

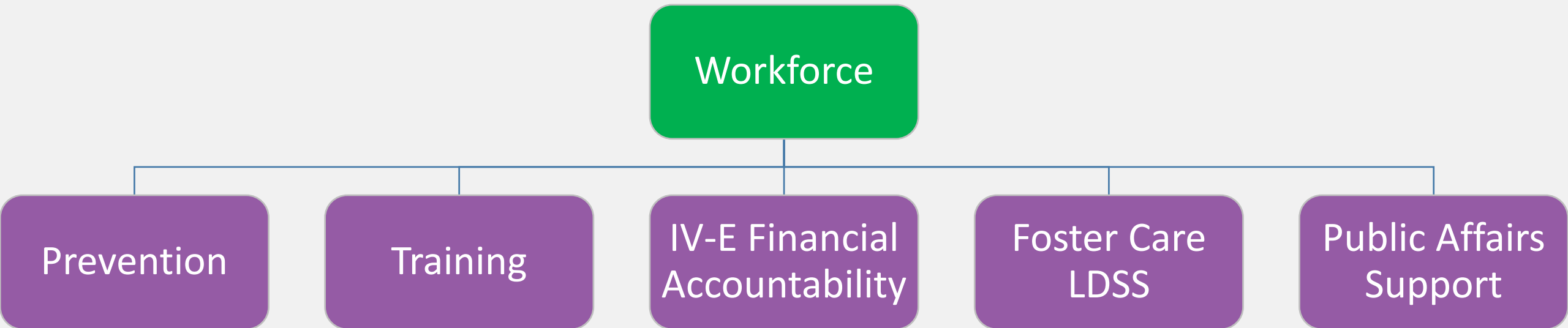
Overarching System Priorities



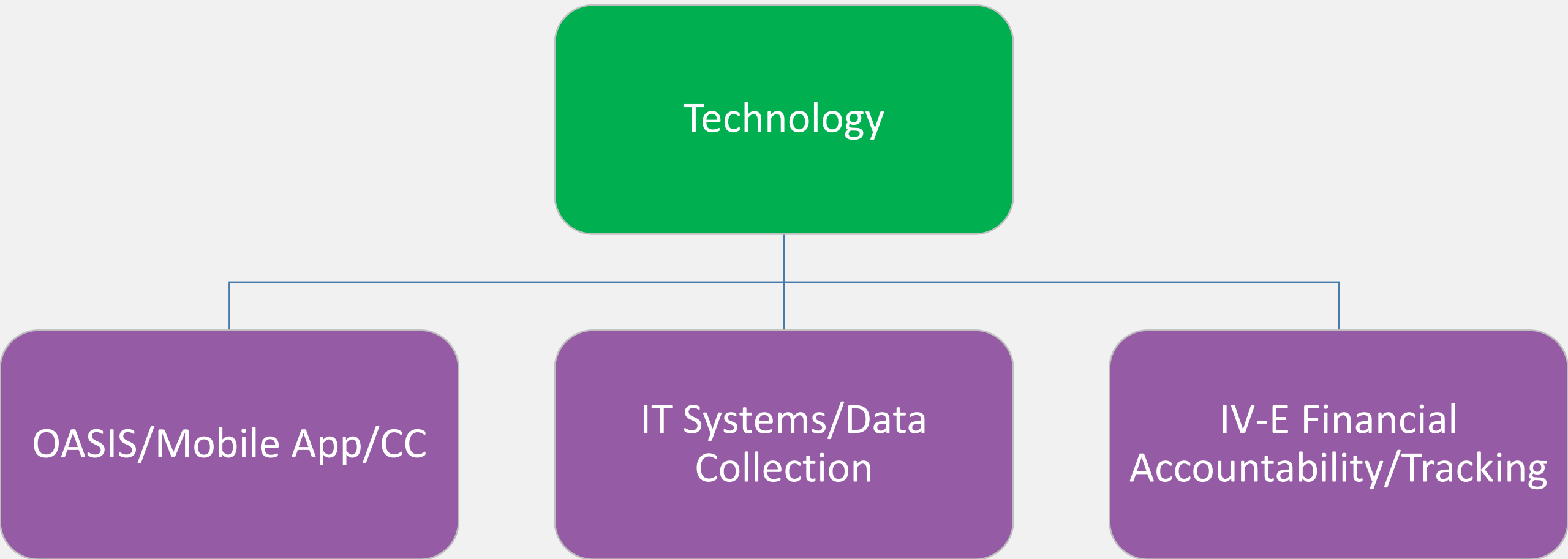
Priority #1



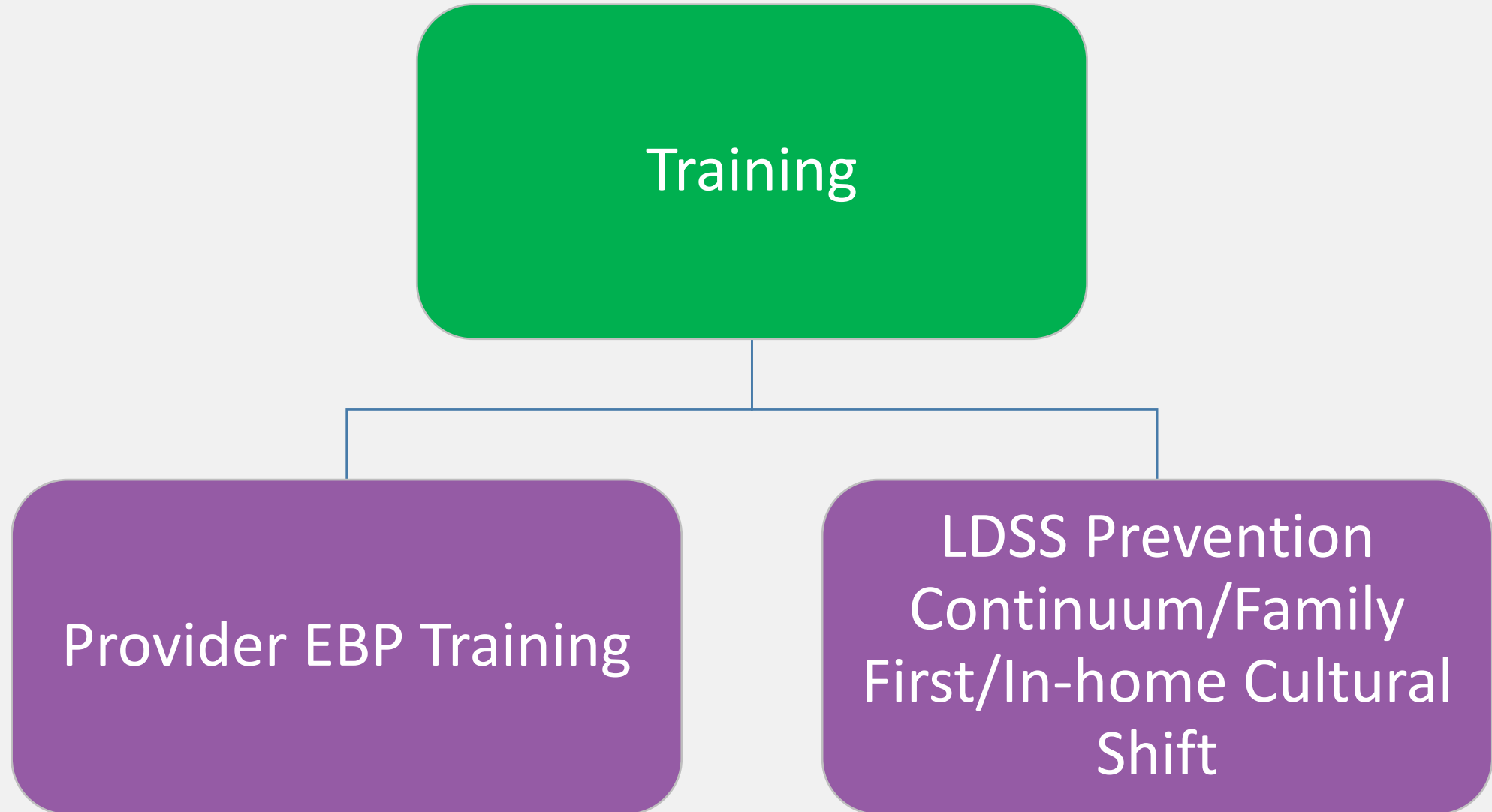
Priority #2



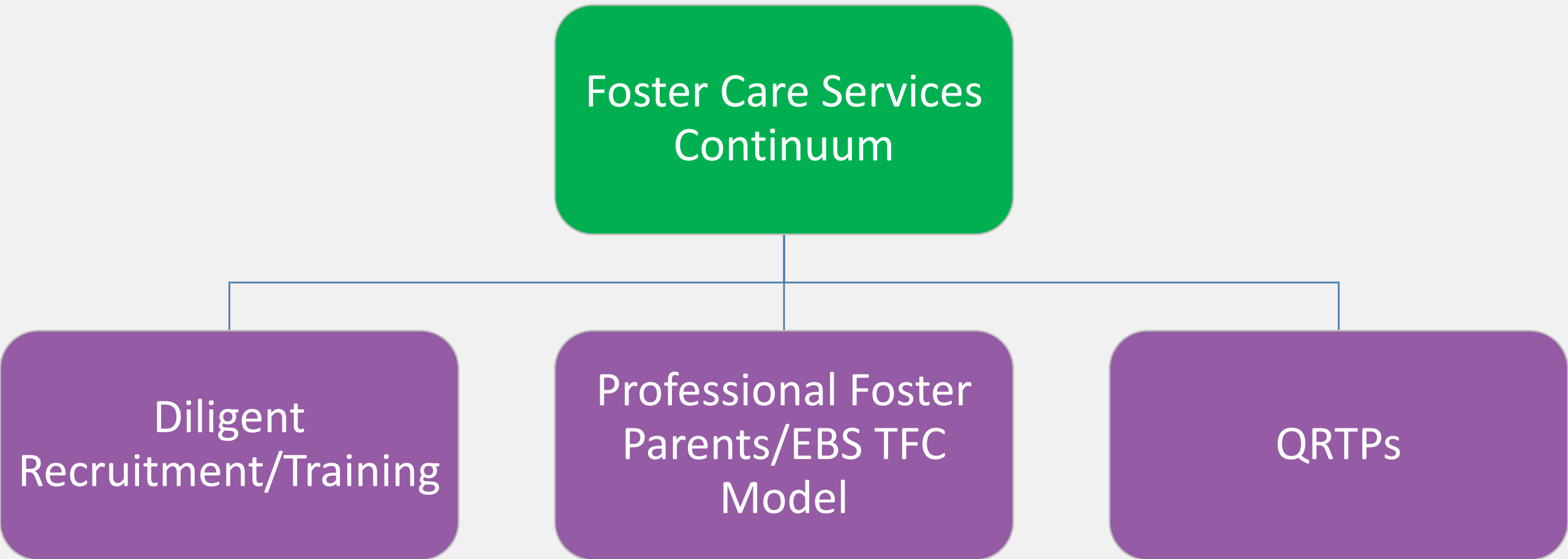
Priority #3



Priority #4



Priority #5



Thank you!

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Family First Team

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